

Joy is choosing to celebrate what God is doing.

Read: Matthew 5:16

DAY

1



Imagine That

When we imagine ourselves in someone else's shoes, we can see things differently. Ask your adult to tell you a story about a time they had something really great happen to them, and then something that was really hard. Talk about how you would feel if that had happened to you.

Adults: Tell your child either a true story of something that happened to you, or if needed, feel free to create a story that would convey joy and another one to convey sadness. Guide your child to see the joy or sadness through the details you share.

ASK others where they have found joy.

DAY

2



Joy! Joy!

Have a dance party! Find some music that brings you joy and rock out! If dancing isn't your thing, draw a picture of something that you do that brings you joy!

KNOW that God is the creator of joy!

DAY

3

Let Your Light Shine

Grab a flashlight and read this week's verse. How do you let your light shine? Can others see it? What can you do this week to show others the light of Jesus?

LOOK for ways to let your light shine!

DAY

4



Finding Joy

Jesus helps us find joy in many different ways. We can also bring joy to others around us because of our joy from Jesus. Ask Jesus to help you shine your light and bring others joy this week.

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 "Dear God, thank You for the joy that You bring me through Jesus. I pray that I can shine the light of Jesus and be a joy to others. I pray that my words and actions will be a light to draw others closer to You. I love You. In the Name of Jesus, Amen."  
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THANK Jesus for being our joy!



You can help others find joy.

