

Live It Out—Discovering how to love like Jesus

Read: Luke 6:31

DAY

1

Kindness Counts

Grab a ball or stuffed animal and sit in a circle with some friends. Pass the object around while saying one kind thing you can do for someone else (e.g., “I can share my toys”). Keep going until everyone gets a turn!

ASK God to help you show others kindness through your actions.

DAY

3

How to Be Kind

Use the motions below to help you learn your verse:

“Do to others” (point to others)

“as you would have them” (point to yourself)

“do to you.” (give yourself a hug)

KNOW that God wants us to treat others the way we want to be treated.

DAY

2

Prayer Hands

On a piece of paper, trace your hand. On each finger, write the name of someone you want to pray for this week. Pray for one person each of the five days of the week!

LOOK for ways to be kind!

DAY

4

Kindness Prayer

Pray, asking God to help you with kindness. You can pray the prayer below or pray your own.

~~~~~  
 “Dear Jesus, thank You for loving me. Help me to be kind to others, to share, to help, and to be a good friend. I want to treat others the way I want to be treated. Amen.”  
 ~~~~~

THANK God for helping you to be kind.

**MAY THE GOD WHO GIVES
 ENDURANCE AND ENCOURAGEMENT
 GIVE YOU THE SAME ATTITUDE OF
 MIND TOWARD EACH OTHER THAT
 CHRIST JESUS HAD.**

ROMANS 15:5, NIV

Pray for one another.

