## PRETEEN

## READ: Luke 11:4 b



Did you know that EVERYONE is tempted? Even JESUS was tempted. Temptations happen all the time. They are real. But there is a way out. You can ask God to help you make a commitment to the WISE thing when you ARE tempted. You can always ask God to help you when you are tempted.

## WHAT YOU DO:

Let's review the four parts of Jesus' model prayer.

- 1. Honor: Remember who you're speaking to.
- 2. Care: Ask for what you need.
- 3. Forgiveness: Say "I'm sorry" and forgive.
- 4. Guidance: Pray for protection from temptation.