

Compassion is caring enough to do something about someone else's needs.

Read: Hebrews 13:16

DAY

1

Stop and Do

Grab some small toys, or something you have quite a few of. Place them in the middle of the floor. With some help from a sibling or parent, play some music and dance around (like freeze dance). When your helper stops the music, clean up as many items as you can before the music starts again. Do this until you have stopped enough times to clear up the entire pile.

LOOK for ways to stop and help others, even if the time is short.

DAY

3

Do Good!

Read Hebrews 13:16 and notice it gives two “don’t” statements about what we shouldn’t do to others. Everywhere you see a “don’t,” change it to a “do” to remember more easily! Read the reworded verse below. What can you do that’s good, and what can you share?

“Do good, share with others. God is pleased with those kinds of offerings.”

KNOW that God is pleased when we do good to other

DAY

2

An Eye for Compassion

Having compassion means seeing someone else's needs and helping them. Draw a picture of yourself helping someone in need. Talk with someone in your family about your drawing and how you had (or want to have) compassion for others just like in your picture.

ASK God to help you have eyes to see other's needs.

DAY

4

Making the Time

Let's make the time to pray for others. Think of some people that you can pray for. Say your own prayer or use the one below as a guide.

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 “Dear God, I pray for \_\_\_\_\_. Please help them by \_\_\_\_\_. Help me to help them and show them Your light. Thank You, God. Amen.”  
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LOOK for ways to make time for others.

Make time to help others.

