# Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



# CONFIDENCE LEARNING TO SEE YOURSELF THE WAY GOD SEES YOU

# Day 1

Go to bit.ly/SundaysAtHomePreteen and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

#### SO & SO TOP 3

After watching, write one thing that:

1. You liked:\_\_\_\_\_\_ 2. You learned: \_\_\_\_\_\_ 3. You'd like to know: \_\_\_\_\_



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### Day 2

#### Read Joshua 5:13-6:20

As you read Joshua 5:13–6:20, circle all of the numbers you see. Then put a tally mark beside each number below for each time that number was mentioned.

#### 6 7

Wow, that's a lot of numbers—God had a very specific and detailed plan! If He had this much planned for one week in the lives of the Israelites, can you imagine how much He has planned for every day of your life? And because you can trust God no matter what, you can trust that God's plan is the best plan!

# Day 3

# What is something coming up in your life that you could use a plan for?

Take some time to talk to God about the situation and ask Him for help in figuring out His plan and following it. As you pray, march around your room—or even your house.

You may feel a little silly marching around, but as you do, think about how the Israelites may have felt, marching day after day, but never actually taking over the city until God told them to. But by trusting God's plan, they were able to defeat the city of Jericho!

Start out your prayer by thanking God for the example of Joshua and the Israelites to remind us that His plan is the best plan. Then talk to Him about what's going on in your life, ask Him to show you His plan and to give you the strength and courage to follow it.

# Day 4

King Solomon wrote this wisdom in Proverbs 19:21 (NIrV): "A person may have many plans in their heart. But the Lord's purpose wins out in the end."

Anyone who has been following God for any length of time has likely experienced a time when they had a plan, but then God revealed His plan, which turned out to be the very best plan of all. Hearing these stories gives us confidence that we too can trust God with our plans, so today, find 2-3 adults who follow God and interview them using the questions below.

- 1) Have you ever been surprised by God's plan?
- 2) If so, how did it turn out to be better than your plan?
- 3) How did following God's plan change how you lived with confidence?

You can email or text them for their answers. If you interview them in person, you can record their answers by writing them down, recording them with a voice memo app, or even filming them (with their permission). Then save their answers for tomorrow.



## Day 5

#### When have you needed a plan?

You hopefully gathered a lot of wisdom yesterday from interviewing people. Keep the things you learned from your interviews in mind as you answer the questions below.

- What do I need a plan for? What is my plan?
- What can I do if things don't go according to my plan?
- What do I think God's plan is (if you think it's different from your own)?
- How can you begin today to follow God's plan?

Hang your game plan somewhere you will see it each morning as you seek to live out God's plan—the best plan!

