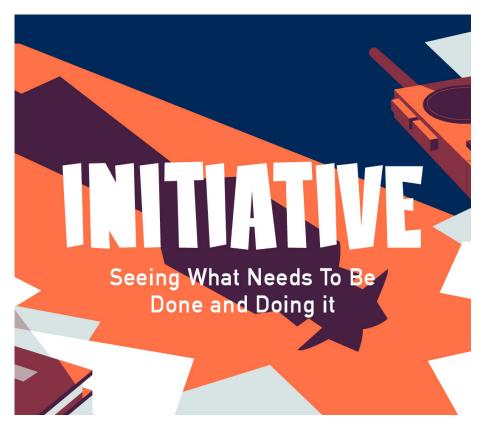
#### **Journal**

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



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May \_\_\_\_\_ Week Two 2025 Preteen



## Day 1

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!

After watching, write one thing that:

.....

2. You learned:

1. You liked:

3. You'd like to know:

### Day 2

#### Read Exodus 2:1-10

Before you read Exodus 2:1-10, you need a little backstory. The Egyptians had enslaved the Israelites because the Egyptian king feared the Israelites, or Hebrews, were growing too big. But they continued to grow in number, so the king ordered that any baby boy born to an Israelite woman must be put to death immediately. But the people stood against his orders, so then he demanded that all the Hebrew baby boys be thrown into the Nile River.

Now, read Exodus 2:1-10.

Who do you see in this passage that is taking initiative?

A better question might be, is there anyone who's NOT taking initiative in this passage?

Every single woman who saw a need—a baby who needed protection... a baby who needed his mom to feed him... a baby who had been left in the river and needed someone to care for him—did something about it. Notice how they each saw a different need and used what they had to meet that need—pretty cool!

### Day 3

Sometimes we need God's help to see the needs around us.

Pray this prayer:

"Dear God, thank You so much for seeing my needs and meeting them. Not only did you send Jesus to be my Savior, but you've put so many wonderful people in my life who have helped me when they see my needs. I want to do the same for others. Please show me who around me needs help and give me wisdom as to how I can best help them. In Jesus' Name, I pray. Amen."

#### Who do you see that needs your help?

Now spend a couple of minutes writing down any needs that come to mind inside the glasses. Then hang this picture somewhere that will remind you to pray for these people and their needs—and then to do something about it.



#### Who do you see that needs your help?

In Exodus 2:10, we saw how each woman in the story saw a different need. Sometimes we need to see things the way other people see them—we might be missing needs that others see!

Today, ask the people that you love for help seeing who might need YOUR help. For example, you could ask your dad if he sees any needs that your mom has. You could ask your guardian if there's something your grandparent needs help with. You could ask your best friend if anyone in his family could use your help—you could work together to help them.

And of course, don't just talk about it. **Go and do something about it!** 



### Day 5

# Look for ways to help the people you love.

Grab a sheet of paper and make two columns. In the first one, make a list of all of the places you go on a typical school day. If you don't do much besides go to school, then get detailed about the different classes and activities you go to. Then, keep adding to the list some places you typically go on the weekends. And don't forget all the time you spend at home too.

Then in the second column, think about each place and who will be there that could use your help (e.g., your favorite art teacher who needs brushes cleaned, the friend on crutches who needs help carrying books, etc.). And of course, don't forget about the people you love the most—be sure to include your family members and closest friends.

Keep this list with you as a reminder this week of the ways you can help the people you love. And as you see more needs, you can add them to the list—just be sure you move to action and do what needs to be done!

