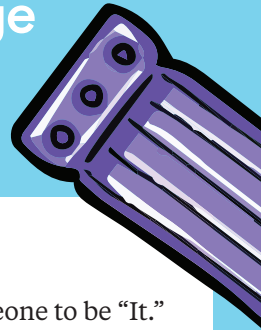




What you do today can change the world around you.



Making Waves

Grab some paper and something to write with. Look up and read today's Bible verse that lists the attributes of the fruit of the Spirit. Cut out nine pieces of paper and write one of the attributes of the fruit of the Spirit on each piece of paper. Save these for tomorrow.

KNOW that when you show others love, kindness, or patience, you are showing them the love of Jesus.

Making Waves

Ask an adult if you can borrow a big blanket or a sheet. Grab some family or friends to play with you and grab your nine papers you wrote with the nine attributes of the fruit of the Spirit written on them.

1. Lay the blanket or sheet flat on the floor.
2. Crumble up your pieces of paper and place them in the middle of the sheet.
3. Have everyone grab a side of the sheet and carefully pick it up. When everyone is ready, shake the sheet to make waves to make the papers fall out.
4. When the papers fall out, stop and read the aspects of the fruit of the Spirit and give an example of something you can do to show that aspect of the fruit of the Spirit.
5. Go until the papers are gone or everyone has had a turn.
6. Finish by saying the verse together.

LOOK for ways that you can show others love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Fast Fruit!

Gather your friends and choose someone to be "It." Instruct everyone else to choose to be a different aspect of the fruit of the Spirit.

The person who is "It" will stand on one side of the room with their back to everyone else. The people who have chosen different attributes of the fruit of the Spirit will stand in a line at the opposite side of the room.

"It" will start by calling out an attribute of the fruit of the Spirit. If they say the attribute of the fruit you have chosen, try and get to the other side of the room before "It" tags you. The goal is to get to the other side of the room without being heard or tagged. Whoever is tagged is now "It."

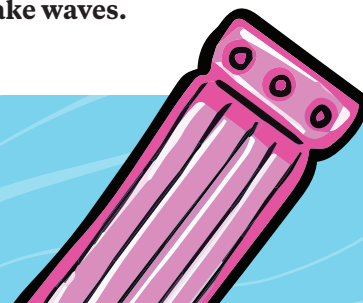
ASK God to help you run toward Him.

I'm Making Waves

Think of the world around you and what about it can use a change. What can you do to make waves for change? How can God use you to make a difference? Let's work to change hate into love, sadness into joy, and anger into peace. Let's pray and ask for God's help.

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"Dear God, use me to make waves in the world around me. Help me make this world a better place. Please help me to do good for others so they can see You. I love You God, and I pray these things in Jesus' name. Amen."  
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THANK God for the Holy Spirit who can help us make waves.



God can help you change the world around you.

